

Convention on Health Analysis and Management

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Patients outcomes, the key to Health organization?

*Jens Deerberg-Wittram, Claude Evin
Moderator: Francis Brunelle*

1. The health system: a minor factor in terms of health inequality

40% of premature deaths are due to individual behaviour, 30% to genetic factors, 20% to social context and only 10% to the health system. The organisation of the care system is therefore not necessarily the prime factor in health inequality.

2. Regional inequality

Inequality does however exist and can be regional. In the Île-de-France region, life expectancy can vary by several years depending on whether you live to the east or west of the city of Paris, even in certain districts close to one another.

3. Systematic measurement of results as a factor for improving the health system

Systematic measurement is important in building an effective health system. It is about the right practitioner providing the right care at the right time. Even in rich countries, the most affluent populations do not necessarily have access to information to enable them to receive the best care at the best time from the best practitioner. In reality, these affluent populations can receive excess care. If the most significant results for patients were measured systematically, the health system could improve greatly.

4. Erratic use of the information available

In Sweden, physicians are adapting greatly to improve health services and develop transparency. Data is best used by affluent populations, while the poorest can have difficulty making the most of the data available and remain guided by their general practitioner.

5. Targeted policies to reduce inequality

Public policy must be targeted to reach specific populations and regions. However, the health system is not built for these targeted policies and remains isolated. To create regional projects, it is necessary to define the problems encountered by local populations and mobilise the different players involved towards an adapted health project. This type of approach is yet to be invented.